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ATIF RAFAY - 1

Background

- 4. I am currently in detention at the Monroe Correctional Complex-Washington State Reformatory (WSR) in Monroe, Washington.
 - 5. My DOC number is 876362.
 - 6. I have been at this facility for 15 years.

General Conditions

- 7. From the very beginning of the Pandemic, there was widespread resistance from staff on following social distancing and masking protocols. Even after mask wearing became the settled course of action to combat the coronavirus, staff here were intermittently wearing masks, some not at all, and at least one staff member said they had been told not to. This facility did not implement any policies until I submitted multiple grievances in April to implement the CDC masking guidance. On April 10th, DOC made face coverings mandatory and on April 17th, the facility finally distributed a cloth mask kit.
- 8. However, despite DOC policies stating masks were to be worn indoors, there are many instances where staff are not, or are unable to, enforce them. For example, people are not wearing their masks while talking on the phones and essentially just breathing right on them. To make matters worse, the phones are right by the vents, potentially spreading the germs even further. And, although this facility has numerous cameras everywhere, they are not used to enforce the safety guidelines. Additionally, the official policy says that the phones are to be cleaned after each use, but there is nothing available for people to clean the phones with. Monitoring for every single instance where a mask is not worn or the policy is not correctly followed is not practical in this environment.

- 9. Another point of concern is that there are no N-95 masks available here. N-95 masks are understood to be the most effective barrier against COVID-19 in a contaminated environment, but we are not allowed to have those. Some people were able to get a hold of a few, but when COs saw them with their masks, they were threatened with an infraction and told they could not have them. I think the Ombuds' office tried to advocate for DOC to provide us with N-95 masks but was unsuccessful. The story that was put out to family members was that there was no funding to provide N-95 masks to everyone in DOC, but that doesn't explain why they were not made available for sale. I hear rumors that the N-95 masks provide some protection against the guards OC spray, or pepper spray, so that is supposedly the real reason for confiscating those masks. I think it is worth pointing out that OC spray is almost never used in the living units, its been many years since I have last seen it used, so that does not seem like a good reason to keep people from having the N-95 masks.
- 10. In January of 2021, the infection started spreading throughout MCC. Keep in mind that we have open bar cells, so air travels easily. I had been asking staff for solid plexiglass to install between the bars, but that never happened. At one point DOC promised plastic curtains, but that never happened either. People resorted to using cardboard boxes, cereal boxes, or just jackets/blankets against the cell bars to slow the spread of the virus. Unfortunately, people were forced to take most of it down, taking away the little protection people were able to find.
- Inside of the A/B units, we had been hearing about the outbreak going on in C/D and we were placed on quarantine on January 15, 2021. During the first day of quarantine, DOC limited the number of people outside of their cells according to a cohort schedule. Staff would let small groups of people out at a time, but they were not able to get to everyone, which caused distress

and led to an incident in A unit that first night. Everyone ended up on total locked down for a few days. That weekend, January 17th, we received our first round of COVID testing; with a second test on January 19th.

- 12. It is worth noting that I filed a grievance on January 15th, outlining the facilities' deliberate indifference to COVID-19. My grievance detailed how there was no surveillance testing, no cleaning supplies near the phones, no enforcement of DOC policies on mask wearing, no provision of plastic curtains or shield to cover the open bars, and no N-95 masks available for purchase. The C and D outbreaks had demonstrated to me that DOC practices were not stopping the virus and I wanted to alert them that they needed to start implementing other measures. I would get a response almost a month later from DOC asking me to rewrite my grievance. Even after I submitted a rewrite, they rejected it because DOC falsely claimed it was not submitted on time.
- 13. Once we were no longer on total lock down, DOC continued with a cohort schedule and let people out for 50 minutes at a time. I think DOC tried for about a day to bring everyone's food on a cart to distribute, but that didn't last long. Instead, DOC opted to just place a small table at the bottom tier with trays of food and let people out in groups at a time to get their food. As people were let out, they were forced to walk next to each other, no social distancing, and passing by everyone else left in their cell. This violated all of DOC's own policies and forced people to breathe in contaminated air.
- 14. Testing continued for a third round on February 2nd. After every test, people who tested positive would be taken out of their cell and moved to the IMU or the gym. At first it was about 10 people who left the unit, then 20, and finally in February about 70 people were taken from the unit. It was alarming to see that many people taken out, but it also wasn't a surprise to

see how rapidly the rate of infection had increased. I remember at night, I could hear the symphony of coughing go on throughout the unit.

- 15. For the rest of us who had continued to test negative, and remained in the unit, it was clear that we were likely infected. DOC moved us to the IMU around February 5th. I remember carrying my box of clothes and because I only weigh about 125 lbs, I was breathing hard. It also didn't help that DOC moved us in a group. I was surrounded by about 8 or 9 other people. Although I was wearing three masks, I was probably getting other people sick. That very night I developed symptoms and based on what I know about COVID, I was probably at my most infectious as I was walking to IMU. I do believe moving to IMU was a good idea overall. There were solid doors, walls, medical mattresses, and a non-shared sink/toilet that provided protection against the virus.
- 16. I reported my symptoms that very night that I arrived at IMU because I had pneumonia in 2019, so I was worried about catching that again. The next morning, I was showering when staff came over to get me swabbed, and I ended up being moved to another cell, and then moved again to another cell within IMU. I have no idea if these cells were cleaned after each time I was moved. I had what I guess is usual for COVID: headache, cough, sneezing, chest congestion, fever, high blood pressure, heart racing, and I lost my sense of smell. Bizarrely on my fifth day at IMU, as I was recuperating and had access to medical attention, correctional staff told me I was leaving. I had no idea why DOC was deciding to move me again as I was recuperating from the virus, but I packed up my stuff and got into a truck with four other people.
- 17. It was around February 11th that I was sent off to a sort of MASH style tent city. These tents were erected over a wooden frame with relatively sophisticated amenities. Vinyl showers, sinks, toilets, a hot water system, and living space. Even though the tents looked

adequate, the environment wasn't. In contrast to IMU, DOC staff gave us a blanket that looked like it was made of gauze, and we were going to be sleeping on cots with no mattresses. We made such a fuss that staff brought more gauze. But there was no mattress, phone, or real blankets, and to use the bathroom you had to walk 40-50 feet, through two sets of doors, while sick with COVID. Making the whole situation worse, there were insects coming in through the gaps between the vinyl and wooden frame.

- 18. This tent city was officially called the Rapid Deployment Care Facility (RDCF), but it was colloquially known as the "Really Don't Care Facility." The operating procedures seemed to have been designed without consideration for the well-being of the patients it was supposed to care for. Patients in the tent city were not allowed to open the door to the tent, couldn't go outside, use a chair, have a mattress, use the phone, and there was no actual outdoor lighting, it was just dusty and dirty. So, you had a bunch of sick people, wrapped in gauze, being forced to clean the tent regularly. We were using paper towels and spray bottles of cleaner to scrub the vinyl tent. It was up to us to make that place work. We cleaned, scrubbed, and vacuumed in order to maintain a certain amount of cleanliness. Staff also left us a baby monitor to use if anyone needed anything. When we used it to make requests, they were rarely if ever successful. We ended up waiting until staff would come around to check on us to make any requests. This was not an environment for anyone suffering symptoms because there wasn't a real opportunity for rest or recuperation.
- 19. An additional concern with the administration of the tent city was the supplies available for purchase. We were able to buy sausages, chips, and candy for example, but any item of medical/nutritional value was removed from the list available for purchase. We couldn't buy cough drops, tea, vapor rub, milk, NSAIDs (non-steroid anti-inflammatories a.k.a aspirin) or

whole grain cereal. I submitted a medical kite to point out these issues and the response I received simply said "noted."

- 20. I was at the tent city for about five days and from there, I was taken to the gym on February 16th. There was about 30-40 people in the gym by the time I got there. I hear there had been about 100 people from the horrid stories I've been told. Of course, no one was wearing masks at the gym, but it was a remarkable relief from the tent city because I had phone, wifi, and jpay access. They also had set up portable showers, bathrooms, and there was room to walk around. I was at the gym for another 5 days. For some reason, DOC couldn't provide us with N-95 masks before the outbreaks started, but they could install massive subwoofers in the gymnasium, which were used by the people staying in the gym to blast movies loudly throughout the day and into the night. I can only image what it was like when 100 people were there with all the noise and bodies inside the gym. For my time there, I would describe the entire situation as tolerably insane.
- 21. From this whole experience, I learned that part of what was controlling this larger landscape of COVID, I think, is the underreported cases. People underreport their symptoms because of what they are subjected to if they test positive. People caught on pretty quickly that if you report symptoms, you'll get kicked out to the tents. We had all learned this would happen from the first people who tested positive in our units. They came back and told us how DOC was managing the situation.
- 22. I have had covid, I know how easily you can get it in here. Even when you are taking every single possible precaution, prison is not designed to prevent or guard against viruses like COVID and, unfortunately, COs are going to bring in a variant that is going to do more damage. The nature of prison almost guarantees it. Because of DOCs policies, COs are required

to eat on the job as they are working, so they often are not able to wear their masks, and their job requires them to interact with all of us all the time. When people in here aren't following guidelines, because of staffing size and population size, it is impossible for COs to enforce the masking and social distancing rules to keep the virus from spreading.

23. Finally, the masks that we have are designed to protect others from us. However, they are not designed, and cannot protect the wearer from viruses in the environment. So we don't have any way of protecting ourselves against any new wave of infection. We need access to N-95 masks to protect us against the virus, and its variants, the COs will inevitably bring in. Even if everyone in prison were vaccinated, there are variants reducing the effectiveness of the vaccines, making the N-95 masks vital.

Medical History

- 24. I have latent tuberculosis and I caught a bacterial pneumonia back in 2019. These two conditions made me fearful of catching covid.
- 25. My recent experience with DOC medical in 2019, because of my bacterial pneumonia, made me especially fearful of the COVID response. I had been coughing extensively for about 5 days and ended up coughing up blood. I declared a medical emergency at two in the morning on a Monday. A CO came by and called a nurse, who I explained everything to. I felt like I was drowning, I was constantly coughing, had an itch in my upper chest, and the coughs felt deep like something was tearing, and I told the nurse that I never felt this way my entire life. The nurse didn't seem care and told me to go to sick call in the morning. I went to sick call at seven am. The nurse there only ordered me a cough suppressant and sent me back to my cell. My condition continued to get worse for about four days, until on Friday, I finally decided to try once more to get medical help and went back to the health care office. The nurse there was

alarmed to see my blood oxygen levels and immediately diagnosed me with severe pneumonia and gave me Azithromycin (Z-pak). With these antibiotics, I finally started feeling better, but it wasn't until my condition had reached a severe level of urgency and left me with permanent lung damage.

- 26. Since the COVID outbreak here and since I was infected, I have continued to experience a variety of strange symptoms even though I am considered recovered.
- 27. I continue to experience dizziness, brain fog, vertigo, and I can't smell anything. I also have a weird numbness in my hand.
- 28. Just walking out to the phone, I feel like I am on a small, moored boat that rocks a lot.
- 29. I sent in a medical kite and was later seen by a nurse practitioner. This nurse told me that I would be getting a blood analysis, urine analysis, and an EKG. Two weeks passed and nothing happened. I submitted another kite to follow up, and I was told the order was not processed. Then within a week, I was called to provide samples of blood, urine, and had an EKG done. I am currently waiting for x-rays.
- 30. I am worried that I will not have the medical exams needed to be able to track what is going on with me. I have been able to read a few articles about long covid and many of the typical tests that DOC could do will probably not be able to reveal anything. I'd need to go to a hospital to get more advanced testing done. For example, I recently heard that more than half of people suffering from long COVID are suffering from heart damage, but that will only show up on an MRI, requiring a trip to the hospital. But with DOC medical, I need to work through the administrative process and hope they will consider it medically necessary.

- 31. DOC's indifference to COVID led to this large outbreak and there is a chance that thousands of people are, or will be, experiencing symptoms like mine. I don't see how DOC is going to address the many long COVID symptoms that are the result of the outbreaks.
- 32. These symptoms are concerning for my health. If I were to get sick again, I wonder what would happen or if my current condition would further deteriorate. I don't know if this is now some sort of neurological damage I have sustained because of these longer-term symptoms or what other consequences there may be. I lost my sense of balance, I am chronically fatigued, and I continue to experience brain fog. I wonder what the standard of care will be for people in prison who are now suffering from long-covid.

DOC Vaccine Efforts

- 33. Lack of information has been a systemic continuous problem with DOC. I was trying to have friends send me information from the CDC website and other reliable sources, but DOC staff would actually block them because they would label it as third-party correspondence.
- 34. This issue was a month's long battle between staff and residents trying to get access to CDC and other reliable materials, but there are still officers in the mailroom committed to the view that people should not be able to see anything off of websites. These individual decisions by DOC staff to block information from websites as third-party correspondence makes no sense and is contrary to existing DOC policy that allows prisoners to receive public domain content including from websites. DOC should actively be helping people access this information and addressing these individual COs who are improperly applying DOC policy. For example, we should have access to CDC information, Lancet Journal articles, or the best compendia of information available on the coronavirus and the vaccine going forward.

- 35. On the kiosks, DOC provided one study. More like a summary of one study about the trials of the Moderna and Johnson and Johnson vaccines. This sounds great, but in reality, it was really difficult to make sense of the information provided. It's a very brief summary of one study and the data is presented in columns, but the columns are broken because of the screen, and the information is insufficient for anyone to make sense of the numbers/data provided. DOC is expecting us to figure out the differences between vaccines' efficacy based on data that isn't even displayed correctly. This wouldn't be expected from the general public outside of prison.
- 36. I have heard about one staff member who was shamed for getting their first shot of the vaccine. DOC's official documents encourage people to take the vaccine and to social distance and mask. But there is a fundamental disconnect from policy and practice when their own staff are shaming each other for taking the vaccine.
- 37. In my opinion, there isn't enough reliable information inside of DOC. For example, people can spread their personal beliefs and biases about the vaccine. People in prison already believe DOC was trying to deliberately spread COVID in its facilities to achieve heard immunity, among other conspiracies. The lack of information here contributes to vaccine hesitancy and mistrust.
- 38. Although there are staff from a variety of backgrounds at DOC, I have had conversations with some staff that think requiring vaccines for staff would be something done in communist China. Based on my conversations with staff over the 15 years I have been inside of DOC, I believe most staff are from a demographic that would be the most resistant to taking the vaccine.
- 39. From what I know, the DOC has a don't ask don't tell policy on whether its staff has received the vaccine from sources outside of their employment.

41. I continued to suffer pretty extreme long covid symptoms, so I am keenly interested in learning more about the vaccine. Some questions I have are: as a COVID recovered patient, which vaccine should I take and how long should I wait to take it? What impacts will the vaccine have on my existing long COVID symptoms? Am I at greater risk for complications by taking the vaccine? How many doses of the Moderna should I take? DOC has left no avenue to obtain any of this information. My requests to the medical practitioners to get more information on Post-Acute Coronavirus Sequelae (PACS) have been ignored. There have been no efforts by DOC to provide any of this information.

Who I Am

- 42. I obsessively tried to follow every recommendation to the maximum degree. I was never within 6 feet of anyone during the quarantine period, I wore three masks, I would wait until the end of meal service to avoid getting close to anyone, I would bring my own cleaning supplies to wipe the phone before using it, but despite using every available means, I still could not avoid contracting the coronavirus because the DOC policies make it impossible for people to protect themselves in here. We remain as vulnerable to a new variant as we were to the initial coronavirus. If there is another outbreak, we can expect 80-90% of the population of the unit I am in to get infected again.
- 43. I don't think there is any subpopulation in the last six months in Washington state that has faced the rate of infection that prisoners have. It is unconscionable to continue to keep us

CERTIFICATION RE AUTHORIZATION TO SIGN ON BEHALF OF DECLARANT

I, Tony Gonzalez, declare under penalty of perjury under the laws of the State of Washington:

- 1. I am counsel for the petitioners in this action.
- 2. Due to urgency and limitations on access to the declarants due to the current public health crises, distance, shortened time, and prison procedures, I was unable to obtain physical signatures from the declarants.
- 3. I personally spoke with Atif Rafay over the telephone on April 4, 2021. I drafted Mr. Rafay's declaration while on the telephone with him. At the conclusion of the call, I read Mr. Rafay's declaration to him, and Mr. Rafay stated to me that he believed the contents of this attached declaration to be true and correct, and authorized me to sign the declaration on his behalf.

DATED this 4th day of April, 2021 at Wenatchee, Washington.



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